

CIOST Reimagined



Planning for a Virtual* Summer

May 21, 2020 | 1:00 - 2:00pm

As you join...



In the **chat box** tell us:

Name, Organization, and respond to the question below.

What song or lyric describes you (or your team) at work right now?

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Objectives

- ❏ Introduce a variety of strategies for virtual* engagement
- ❏ Resource Spotlight



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**describing intentional learning experiences, maintain connection, or supporting communities during this time of extended closure or disrupted programming*

Housekeeping

- **OST Team Introductions**
- Encourage **engagement** (*camera, chat box, polls, annotations, discussions*)
- Add your **name** (*this makes it more personal and easier to interact*)
- Need to step away momentarily? Use the toolbar to turn off video
- Utilize the **chat box** (*to connect with others or ask questions*)



REMINDER!

Fill out the post-session survey to receive DHS credit.
(Link will be shared in chat box and follow up email)

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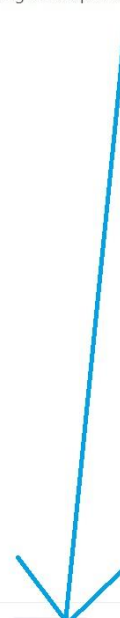


Audio & Video



Zoom Group Chat

From Me to Everyone: 04:12 PM
When you type a message, it will show up in the chat box.
You can send it to "Everyone"
Or you can send it privately to a certain person using the drop down list.



To: Everyone
Type message here...

Join Audio Start Video Participants Chat Share Screen Record Reactions Leave Meeting

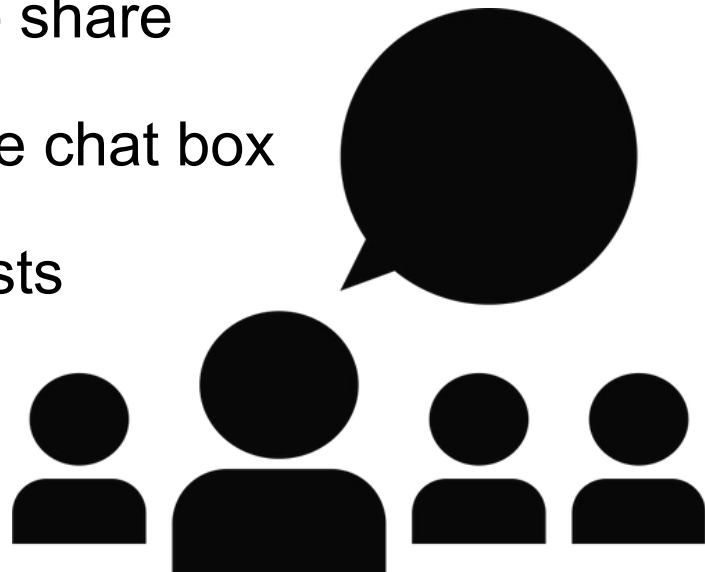
Discussion Panel

- Hosts will introduce each panelist
- Each panelist will have 5 minutes to share
- Participants can ask questions in the chat box
- Hosts will direct questions to panelists

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POLL TIME



Panelists

- **Sam Gabriel**, *Genesis Youth Foundation*
- **Neisa Taylor**, *Boys & Girls Clubs of Central Iowa*
- **John Douglas**, *Willkie House*
- **Ron Parr, Mel Dill, Rhonda Baule, Amy McDonough**,
St. Mark Youth Enrichment
- **Cassie Gerst**, *P.I.E.C.E.S. After School for BCSD*

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Sam Gabriel, *Genesis Youth Foundation*

Ages Served: K-12

Programming offered

- School year
- Summer



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Neisa Taylor, Boys & Girls Clubs of Central Iowa

Ages served: K-12

“At Home Activity Guide”

Daily & Weekly
Virtual Programming

- K-5
- 6-12



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TRIPLE PLAY



Long Jump

Find a hallway in your home or empty space outside. Make a starting point. See how far you jump from that starting point. Measure with your feet how far you jumped. Do it again with a running start. Did you jump farther? Have siblings? Compete to see who can jump farther.

PROJECT LEARN



Ramp Challenge

Make predictions and log your results. Which items will roll down the ramp. Use items from around the house to experiment with. Create a ramp using a shoe box, cardboard, or books. Once you predict if the item will roll or not, experiment by setting the item at the top of your ramp & letting it go. Record your findings for each item. You can add different materials onto the ramp, such as bubble wrap, wax paper, or sandpaper to test which materials help or prevent the objects from rolling down.

BOYS & GIRLS CLUBS OF CENTRAL IOWA

AT HOME ACTIVITY GUIDE
K-5TH GRADE

MAY 7, 2020

CREATIVE MINDS


Paper Towel Art

Using washable markers, scribble all over a piece of paper towel, filling in as much white space as possible. Once you've finished filling in your paper towel, place it on a hard, non-absorbent surface. You don't want anything soft & absorbent under your paper towel, a hard surface, table, plastic tray, a cookie sheet would work well. Wet the paper towel by either brushing water onto it with a paintbrush, or dripping water all over it with an eye dropper. Watch the colors bleed & blend as the paper towel absorbs the water. Your artwork will instantly transform right before their eyes.



Home About Events Photos Videos Com

Good afternoon everyone! Head over to the **Boys & Girls Clubs of Springfield AT HOME** group for your virtual Club experience! We will be posting program schedules, activities, check-ins, staff videos, and more! See the photos for the daily schedule for Thursday, March 19th! Don't have regular access to a computer? Let us know. Have other questions? Send us a message! 📩




AT HOME

GREAT FUTURES START **HERE.**

THURSDAY, MARCH 19TH


Word of the Day!



CAREER

A period of time spent in a job or profession

Fun Fact OF THE DAY!




Did you know a shark is the only known fish that can blink with both eyes?

quote OF THE DAY

"You are braver than you believe, stronger than you seem, smarter than you think and loved more than you know."
-Winnie the Pooh

SAFETY TOPIC OF THE DAY:



Cyber safety!

Check out this website for tips.
www.digitalcompass.org/

DAILY SCHEDULE THURSDAY, MARCH 19TH MEMBERS AGES 6-9

8AM-9AM: EXPLORE HOUR
9AM-10AM: LEARNING HOUR
10AM-11AM: CREATION HOUR
11AM-12PM: LUNCH HOUR

DAILY SCHEDULE THURSDAY, MARCH 19TH MEMBERS AGES 10-12

8AM-9AM: EXPLORE HOUR
9AM-10AM: LEARNING HOUR
10AM-11AM: CREATION HOUR
11AM-12PM: LUNCH HOUR

DAILY SCHEDULE THURSDAY, MARCH 19TH MEMBERS AGES 13 AND UP

8AM-10AM: CHILL HOUR

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Contact Us





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CHALLENGE OF THE DAY

Draw a picture of your future career or plan. Do you want to be a doctor? An athlete? A make-up artist? A Club staff? Do you want to join the military or open your own business? Tell us about it! Take a selfie with your drawing and upload it to the Boys & Girls Clubs of Springfield AT HOME Facebook page or send it to athome@bgclubspringfield.org

*all posts are reviewed and must meet safety requirements.

CLUB FAMILY FOOD DRIVE-THRU REMINDERS!

DATES: MARCH 18TH-APRIL 3RD
HOURS: MONDAY-FRIDAY 7:00AM-8:30AM AND 4:30PM-6:00PM
LOCATIONS:
• HENDERSON UNIT (835 W. CALHOUN, 867-4111)
• MUSGRAVE UNIT (720 S. PARK, 869-8211)
• STALNAKER UNIT (1410 N. FREMONT, 865-2821)

SERTOMA FAMILIES VISIT MUSGRAVE
FREMONT FAMILIES VISIT STALNAKER





BOYS & GIRLS CLUBS
OF SPRINGFIELD

AT HOME

GREAT FUTURES START [HERE](#).

FRIDAY, MARCH 27TH

AFTER YOU FINISH ANY SCHOOL WORK, JOIN US "AFTER SCHOOL" FOR YOUR CLUB ROTATIONS!



Word
of the
Day!

Aerobics
movement that gets
your blood pumping
faster around your
whole body.

Fun Fact
OF THE DAY!



Did you know that 25%
of your bones are in
your feet.

**SAFETY TOPIC
OF THE DAY:**



Fitness
Make sure you stay
hydrated when
working out!

quote
OF THE DAY

"Play gives
children a
chance to
practice what
they are
learning"- Mr.
Rodgers



CHALLENGE
OF THE DAY



Create your own wellness plan. Grab a pencil and piece of
paper and come up with 5 exercises, 3 healthy foods to
eat, and 1 mental health tip. Share with us! Upload it to the
Boys & Girls Clubs of Springfield AT HOME Facebook
page or send it to athome@bgclubspringfield.org

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BOYS & GIRLS CLUBS
OF SPRINGFIELD

AT HOME

GREAT FUTURES START [HERE](#).

VIRTUAL SPIRIT WEEK MARCH 23RD-MARCH 27TH



March 23rd
Hat Day! Put on your favorite hat and share a pic with us!

March 24th
Creative Day! Create your own cartoon character costume and share
your costume pic with us!



March 25th
Boys & Girls Club Day! Wear blue & white or your favorite
BGCS Gear! Share a pic with us!





March 26th
Pajama and Pet Day! Put on your Pj's and grab a book!
If you have a pet, read a book with them and share a pic!



March 27th:
Jersey Day! Who's your favorite sports team? Share a pic of you being
active in your favorite sports team jersey/shirt.

GO TEAM!



AT HOME

GREAT FUTURES START **HERE.**

Boys & Girls Clubs of Springfield AT HOME >

PRIVATE GROUP · 364 MEMBERS


Join Group

About

HELLO INCREDIBLE CLUB MEMBER!

WE ARE SAD WE CANNOT SEE YOU IN PERSON TODAY, BUT WE HOPE YOU LOVE THESE FUN ACTIVITIES. WE MISS YOU AND WILL SEE YOU SOON!

Parents, please note: It is agreed that when following and subscribing to this Facebook group, parental consent has been given to the child viewing the content.

 **Private**
Only members can see who's in the group and what they post




Boys & Girls Clubs...

About

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 **Private**
Only members can see who's in the group and what they post

 **Visible**
Anyone can find this group

 **View Group History**
Group created on March 18, 2020




Boys & Girls Clubs...

Group Rules from the Admins

- 1 Be Kind and Courteous**
We're all in this together to create a welcoming environment. Let's treat everyone with respect. Healthy debates are natural, but kindness is required.
- 2 No Hate Speech or Bullying**
Make sure everyone feels safe. Bullying of any kind isn't allowed, and degrading comments about things like race, religion, culture, sexual orientation, gender or identity will not be tolerated.
- 3 No Promotions or Spam**
Give more than you take to this group. Self-promotion, spam and irrelevant links aren't allowed.

See 1 More ▾

Members






Join Group

Members



Megan, Stevie and 9 other members are admins.
Sam, Hannah and 1 other member are moderators.

Group Activity

-  3 new posts today
528 in the last 28 days
-  364 total members
-  Created 2 months ago



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Join Group

John Douglas, *Willkie House*

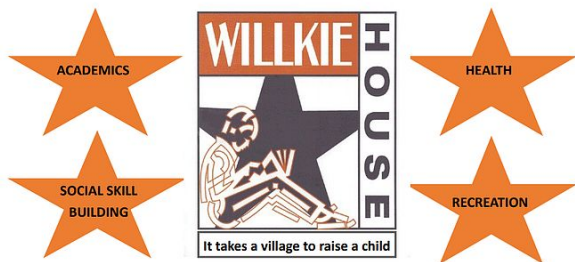
Ages served: 5-18

Serves **375 youth & families** annually

Programming offered

- School year
- Summer

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AFTER-SCHOOL PROGRAM 2019-2020

The Willkie House After-School Program works in cooperation with local schools to provide the needed academic instruction and assistance in a structured individualized and fun manner.

OUR MISSION

The mission of the Willkie House, Inc., is to develop character and esteem in young people through the promotion of opportunities in four focus areas: academic, social skill building, health and recreation.

For More Information Contact:

Ph: (515) 243-7817

jdouglas@willkiehouse.org

900 17th St., Des Moines, IA 50314

or come and pick up an application at the front desk!

WE HAVE...



FREE AFTER SCHOOL PICK UP

HOMEWORK ASSISTANCE



INDOOR + OUTDOOR ACTIVITIES

1 ON 1 TUTORING



SNACK AND DINNER OFFERED EACH DAY

\$25 per week

Elementary and Middle School Ages
Scholarships Available



Be a part of a fun-packed summer program full of activities for your kids to enjoy!



(For kids in grades K-8th)



Sign Up!

Contact:

jdouglas@willkiehouse.org
(515) 243-7817

900 17th St., Des Moines, IA 50314

Online:

www.willkiehouse.org



Ron Parr, Mel Dill, Rhonda Baule, Amy McDonough *St. Mark Youth Enrichment*

Ages served: Pre-K through 5th grade

In session for 90 minutes before the school, 2.5 - 3 hours after school, and summer program extends 5 weeks.

- SEL grab-and-go bags
- Social media to advertise



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Cassie Gerst, *P.I.E.C.E.S. After School for BCSD*



- Burlington Community School District's after school program
 - K-8 enrichment offered Monday – Friday
 - Saturday activities provided by community partners: Theater, Art, Library, Nature Center
 - No School Activities at Library, Art Center, and YMCA
- Average 700 students per year (1,200 in 2018-2019 school year)
- Operates until 6:00 pm Monday – Friday and three hours on Saturdays

CHANGE to our world.....

- ***Google Classrooms***
- Facebook and LIVE videos
- Kahoot!, Flippity, Bingo Maker
- ***Developmental Relationships***
- ***Conscious Discipline***
- Virtual Teambuilding

IMPORTANT:

- Camera – Fun – Entertaining
- Creative – Patient – PD for YOU



Cassie Gerst, *P.I.E.C.E.S. After School for BCSD*



Barriers or Challenges

Without school occurring we had no program; everything just ended. We are challenged daily on how to continue our program when the world has dramatically changed moving forward. We are participating in a great deal of PD to learn from others, shifting our mindset, and exploring what connection can look like moving forward.

Advice

EXPERIMENT! Think outside of the norm and whatever your “box” looks like.

Use your phone, iPad, computer, cameras and ASK youth what they want to see and not want to see.

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Follow Up Questions

Use the chat box to ask panelists any additional questions.

Hosts will direct questions to panelists.



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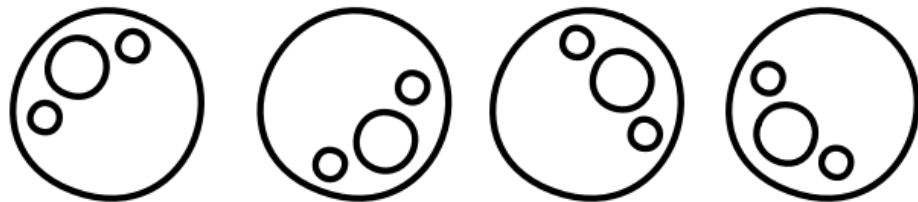


Breakout Rooms

Questions to consider discussion in your breakout room:

What is one thing that stands out to you from the panel?

What are your reactions to the discussion panel?



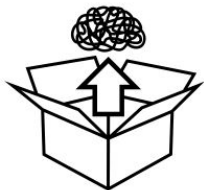
www.ciostinitiative.org



Resource Spotlight

I have a resource to share!

Raise your hand or drop a link into the chat box



What is a resource?

- A link to a website
- A trick or tip or what NOT to do
- A book, podcast, or a video to watch
- Profile to follow on social media

How do I get the links?

We will compile resources and links and send in an email on Friday.

www.ciostinitiative.org



REMINDER!

Fill out the post-session survey to receive DHS credit.

Future CIOST Reimagined

May 28: NAMI presents *Make it OK**

Questions?

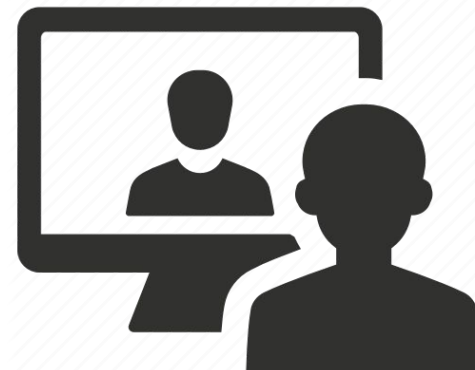
DHS credit - Britney bsamuelson@sppg.com

CIOST logistics - Crystal chall@sppg.com

Content & Coaches - Hannah hmorz.ost@gmail.com

Mallory mallory.riesberg.ost@gmail.com

Theresa tslaughter.ost@gmail.com



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** subject to change*